



CARE AND COUNSELING CENTER of Georgia

OFFERING HEALING, WHOLENESS AND HOPE TO THOSE IN NEED
AND EDUCATING OTHERS FOR THIS SERVICE

PROFESSIONAL PSYCHOTHERAPY SUPERVISION GROUP

For clinicians early in their psychotherapy practices, a professional supervision group provides a forum for deepening the understandings of client assessment, case conceptualization, treatment planning, and therapeutic process. Those engaged in psychotherapy do not practice in isolation, so a supervision group becomes a natural format to accomplish professional socialization and increase learning.

This supervision group will include multidisciplinary counselors and therapists who are licensed practitioners in early and mid-career trajectories. Participants will engage in a collaborative learning experience in an experiential atmosphere, which encourages self-responsibility and increases mutuality in the therapeutic endeavor.

Goals of the group:

- To increase professional self-concept and the ability to relate therapeutically to others
- To broaden conceptualization, dynamic, and problem-solving skills
- To enhance cognitively and affectively focused activities that facilitate therapeutic process
- To deepen insight into the diverse and unique nature of the human experience

Meeting Time and Location:

1st and 3rd Thursdays of each month, 10 – 11:30 a.m. beginning Sept. 1, 2016.
Care and Counseling Center of Georgia
The group commitment is one year.

Cost: \$75 per session



Leader: Jackson Rainer, Ph.D., ABPP, is a board-certified clinical psychologist who completed psychology graduate degrees from Georgia State University in 1986. In urban and rural settings, he has directed community mental health institutions and agencies, practiced psychotherapy with children, adults, couples and families, and taught in universities and professional settings for a practice life spanning more than 30 years. He is the former chair of the Publication Board for Division 29, Psychotherapy, of the American Psychological Association, is on the editorial and publication boards of seven psychology journals, and serves as a Media Representative for the APA. He is the author or four psychotherapy reference texts, over 50 refereed journal articles and special issues, and is a feature writer for *Pain Free Living*. He practices psychotherapy with adults and couples at the Care and Counseling Center of Georgia in Decatur.

For more information, contact Dr. Rainer at 404-636-1457, ext. 418.