



DBT SKILLS TRAINING FOR TEENS

Starting
Wednesday, Sept. 6
7 pm

\$25 per session
(45 minutes)

1814 Clairmont Road
Decatur, GA 30033



Learn skills to manage difficult emotions, impulsive behaviors, and stressful relationships

Connect with other teens who are also struggling with similar problems



If interested, please contact Émilie Ellis at 404-636-1457 ext. 424,
or eellis@cccgeorgia.org