

Premarital Workshop

Preparation for Life Together



Couples will learn how to:

- Identify strength and growth areas
- Strengthen communication skills
- Resolve conflicts and reduce stress
- Establish personal, couple and family goals
- And more!

Receive 6 hours in 3 evenings

Location: 1814 Clairmont Road, Decatur

Time: 7 - 9 pm

Dates: Wednesday, Aug. 30, Sept. 6, Sept. 13

or

Wednesday, Oct. 25, Nov. 1, Nov. 8



\$180 per couple

Pre-registration required one week before workshop begins

Cost includes *Prepare/Enrich* personalized assessment fee.

Certificate of Completion granted upon attending all sessions in full

Led by certified *Prepare/Enrich* facilitator, Gayle Benator, MS, LAPC, NCC

Register online: <http://cccgeorgia.org/workshops-events-news/premarital-workshops/benator/>

– or phone, mail, email your payment to:

Care and Counseling Center of Georgia

1814 Clairmont Road, Decatur, GA 30033

404-636-1457, ext. 400 receptionist@cccgeorgia.org

For more information contact:

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