



Care and Counseling Center of Georgia

Conducting Individual Psychotherapy from a Systems Perspective



Join us and Dr. Linda Buchanan, founder of Atlanta Center for Eating Disorders, for a valuable training on the use of a systems approach in working with clients. Dr. Buchanan will teach about beliefs and strategies informed by Ecosystems and Family Systems approaches that enable the therapist to develop the art of being on the client's side without taking a side.

September 22, 2017

9:00 - 12:15 p.m.

\$40 Registration fee

Participants will be able to:

- Understand the fundamental tenets of family systems approaches and how these can inform individual psychotherapy.
- Utilize a systems philosophy to empower clients and help increase personal responsibility within the client system.
- Choose and utilize techniques that minimize splitting between parts in the client's system.
- Use strategies to maintain neutrality in psychotherapy and avoid taking a side.
- Increase awareness of when clients are projecting in psychotherapy and gain strategies to manage projections.

1814 Clairmont Rd., Decatur, GA 30033

For more information and to register, go to www.cccgeorgia.org

3 CORE hours of CE credit applied for with the Licensed Professional Counselors Association of Georgia, the Georgia Society for Clinical Social Work, and the Georgia Association for Marriage and Family Therapy.

You must be on time and stay for the entire event to receive CE credit.