



A Detailed Look at Substance Abuse Disorders

Led by Kristy Aspinwall, MS, LPC, MAC, CCTP, NCC

Tuesday, May 30 8:30 - 11:45 am \$40

1814 Clairmont Road, Decatur

Please join us!

Register at: www.cccgeorgia.org

This workshop will examine the DSM5 criteria for Substance Use Disorder. We will explore the nuances between “appropriately” using a substance vs. abusing and depending on a substance. We will focus on alcohol, marijuana, and prescription medications in understanding how to properly assess our clients for SUDs treatment needs, co-occurring complications, and referral.



Participants will:

- Gain an understanding of commonly abused substances and their effects.
- Discern use of substances that warrant a diagnosis.
- Become aware of complications when dealing with co-morbid disorders.
- Identify their limits of ethical practice and the process of referral to a higher level of care for SUDs.

Kristy Aspinwall is certified in the specialized treatment of addiction and trauma-related disorders. She has worked with substance use disorders in inpatient and outpatient capacities for the past 7 years and has developed several psychoeducational group curriculums. Kristy coordinates CCCG's IOP for Addiction Recovery.

3 core hours of CE credit applied for with the Licensed Professional Counselors Association of Georgia, the Georgia Society for Clinical Social Work, and the Georgia Association for Marriage and Family Therapy.



Care and Counseling Center of Georgia

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