



Integrating Spirituality & Psychotherapy Healing Creatively Through the Arts

Friday, April 7

9 am - 12:15 pm

*Care and Counseling Center of Georgia
1814 Clairmont Road, Decatur, GA 30033*

\$40

Register at www.cccgeorgia.org

Presenters Debonee Morgan, LMFT, Certified Spiritual Director
 Orion Crook, LPC
 Murray Dabby, LCSW
 Emilie Ellis, LAMFT

Description

This workshop will explore the therapeutic benefits of creative expression, and how using a client's creativity and imagination can spark emotional connections to self and a Higher Power (as client understands it). By using music, poetry, visual art and improv interaction, presenters will demonstrate useful tools for helping clients get in touch with their own voice, and express meaningful ideas and emotions.

Learning Objectives

Following this workshop, participants will be able to:

- Explore how creativity ignites the healing process
- Identify specific interventions to remove emotional barriers to the creative process
- Experience how engaging with the arts & music can connect us with Something Bigger than ourselves
- Identify specific interventions to help clients use creative methods to name and heal pain and suffering

3 core hours of CE credit approved from the Licensed Professional Counselors Association of Georgia, the Georgia Society for Clinical Social Work, and Georgia Association for Marriage and Family Therapy. You must be on time and stay for the entire event to receive CE credit.