



Care and Counseling Center of Georgia

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We always start with care

Animal Assisted Therapy

Kaylee Simon, LMSW



I have experience providing therapy for anxiety, depression, trauma, stress, life transitions, families, relationships, emotional and behavioral disorders, abuse, grief and loss, and more.

I work with children, adolescents, and adults.

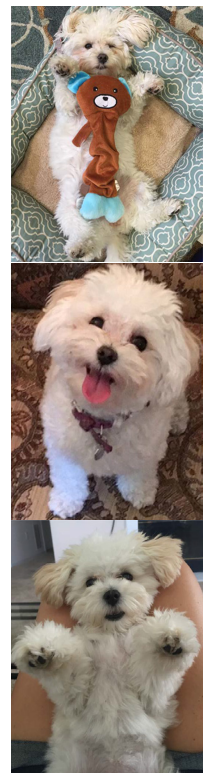
Riley and I work together to create a comforting and warm environment to achieve the goals we set with our clients. I work from a solution-focused approach while Riley is here to support our clients with love, hugs and lots of kisses.

What is Animal Assisted Therapy?

Humans and animals have always shared a powerful bond. Through the ages, this bond has been a source of solace and relief for those experiencing physical or emotional pain. Animal Assisted Therapy (AAT) involves animals as part of the treatment and healing process. The goal of AAT is to improve a person's social, emotional or cognitive functioning. Animals help improve the educational and motivational effectiveness for participants. Studies have shown that the act of petting a dog can help lower heart rate, which in turn can decrease depression and anxiety.

About Riley

Riley was born on Nov. 11, 2014. She has been working in the therapy field since she was 5 months old and loves going to work every day. Riley is a Maltipoo (Maltese + Poodle) and is hypoallergenic and non-shedding. Riley enjoys belly rubs, treats, licking fingers and toes, and doing her tricks.



**To find out more, please contact Kaylee Simon
at 404-636-1457 ext. 442 or ksimon@cccgeorgia.org**