



A FREE Recovery Group based in Cognitive Skills and Thought Restructuring

Wednesdays 7 - 8 pm

Care and Counseling Center of Georgia  
1814 Clairmont Road  
Decatur, GA 30033

For more information contact Kristy Aspinwall, LPC  
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This is a community-based educational support group that can supplement or replace traditional 12-step meetings. SMART Recovery uses social support along with CBT-based tools to enable recovery from addiction.

This support group is FREE.  
Donations will be accepted to help cover expenses.



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