



Kristy Aspinwall, LPC, MAC, CCTP
 Addiction Specialist and Program Leader
 (404) 636-1457 ext. 416
kaspinwall@cccgeorgia.org
www.cccgeorgia.org



Intensive Outpatient Program (IOP) for Addiction Recovery

With CCCG's Intensive Outpatient Program you will find caring, licensed staff who are able to treat your addiction and mental health concerns.

Our IOP is a CARF Accredited Program offering care in accordance with the American Society of Addiction Medicine (ASAM) level 2.1. That means you are getting among the most effective, integrated, and evidenced based treatment available.

Call or email today to set up an assessment. Our compassionate and experienced addiction team will help you to plan the roadmap of your recovery.

Monday	Tuesday	Wednesday	Thursday
Week of Treatment ~ sample schedule *Alternative hours may be available. We strive to accommodate all schedules.			
Early Recovery Skills Group 5-6 pm	Family Education Group 5-7 pm	Mindfulness-Based Relapse Prevention Group 5-6 pm	Early Recovery Skills Group 5-6 pm
Process Group 6-7 pm		Trauma Recovery Group OR Experiential Group 6-7 pm	Process Group 6-7 pm
Relapse Prevention Group 7-8 pm	Distress Tolerance Group 7-8 pm	SMART Recovery Group 7-8 pm	Relapse Prevention Group 7-8 pm

CCCG's IOP offers person-centered treatment to meet your needs. This may include individual therapy, additional support groups, active therapies, and more. Your addiction team will help you decide what is best for you.



CARE AND COUNSELING CENTER of Georgia
 1814 Clairmont Road, Decatur, GA 30033